

Summer Camp Registration begins March 5th!

Allany

SUMMER RECREATION CATALOGUE

VIEW THE GUIDE ONLINE AND SIGN UP FOR CLASSES



ALBANY COMMUNITY EXPO



LEARN ABOUT COMMUNITY, CITY, AND BUSINESS PROGRAMS AND SERVICES









APRIL 27, 2024 10 AM - 2 PM ALBANY COMMUNITY CENTER 1249 MARIN AVE



VISIT ALBANYCA.ORG/ALBANY-COMMUNITY-EXPO OR SCAN THE CODE FOR MORE INFORMATION:





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Summer Camp 2024 is right around the corner! The Recreation and Community Services Department will keep your kids active over the summer with fabulous specialty camps! Take your pick from this at-a glance guide! Either way, you're in for an unforgettable experience.

New this year!

- Friendship Camp offering extended care so your child(ren) can attend all-day from 8am-5pm! Pg. 21
- Lunch Bunch Pg. 6

		Camp Title	Ages	Page #	Activity #	Fee (R/NR)
	M	Adventures in STEM with LEGO Materials	5-7	15	3138PW	\$259/\$269
	9AM-12PM	Edible Art and Colors of the Rainbow	6-9	7	3131CA	\$420/\$430
	9AN	Challenger International Soccer	6-16	10	3536CS	\$249/\$259
	CAMPS	AI Adventures	7-12	11	3131AC	\$310/\$320
. 14)	CA!	Write On! Creative Writing Lab	8-13	19	3131W0	\$250/\$260
10.	AM	Junior Counselor (8:30AM - 12:30PM)	11-15	22	3347JC	\$165/\$175
(June	12PM - 1PM	Lunch Bunch (Bring Your Own Lunch)* On-Site Community Center Campers Only	6-14			\$10/\$15
1 × 1		STEM Exploration with LEGO Materials	7-12	16	3138PW	\$259/\$269
Week	SE	Roblox Design and Coding with Lua	7-12	11	3131AC	\$350/\$360
	PM CAMPS 1PM-4PM	Write On! Creative Writing Lab	8-13	19	3131W0	\$250/\$260
	PM 1PI	Expedition Kitchen	10-16	6	3131AF	\$420/\$430
		Junior Counselor (12:30PM - 4:30PM)	11-15	22	3347JC	\$165/\$175
	FULL DAY 9AM-4PM	Friendship Camp »	Entering 1st - 5th	21	3337FC	\$355/\$365

		Camp Title	Ages	Page #	Activity #	Fee (R/NR)
		Edible Adventures and Global Goodies	6-9	7	3131CA	\$336/\$346
	MPS 2PM	Art Exploration Kids Camp \$	6-12	12	3133MM	\$275/\$285
	AM CAMPS 9AM-12PM	Ultimate Frisbee Action Camp	8-11	8	3536UF	\$225/\$235
1)*	AM 9A	Write On! Creative Writing Lab	8-13	19	3131W0	\$250/\$260
- 2		Junior Counselor (8:30AM - 12:30PM)	11-15	22	3347JC	\$130/\$140
(June 17	12PM - 1PM	Lunch Bunch (Bring Your Own Lunch)* On-Site Community Center Campers Only	6-14			\$10/\$15
2 (J		Comic Book Creation Camp \$	6-12	12	3133MM	\$250/\$260
Week	PS M	Hollywood Filmmaking	8-12	13	3131AC	\$310/\$320
We	PM CAMPS 1PM-4PM	Write On! Creative Writing Lab	8-13	19	3131W0	\$250/\$260
	PM 1PN	Taste Travelers	10-16	8	3131AF	\$336/\$345
		Junior Counselor (12:30PM - 4:30PM)	11-15	22	3347JC	\$130/\$140
	FULL DAY 9AM-4PM	Friendship Camp »	Entering 1st - 5th	21	3337FC	\$284/\$294

		Camp Title	Ages	Page #	Activity #	Fee (R/NR)
		Pokemon Engineering using LEGO Materials	5-7	16	3138PW	\$259/\$269
	AM CAMPS 9AM-12PM	Edible Science and Baking Bliss	6-9	7	3131CA	\$420/\$430
	CAN 1-12	Dungeons and Dragons	7-12	13	3131AC	\$300/\$310
28)	AM 9AN	Ultimate Frisbee Camp	8-11	8	3536UF	\$225/\$235
1		Junior Counselor (8:30AM - 12:30PM)	11-15	22	3347JC	\$165/\$175
(June 24	12PM - 1PM	Lunch Bunch (Bring Your Own Lunch)* On-Site Community Center Campers Only	6-14			\$10/\$15
Week 3 (SW	Game Design and Animation with Scratch and Python	6-12	11	3131AC	\$300/\$310
We	AMI -4P	Bash'em Bots using LEGO Materials	7-12	16	3138PW	\$259/\$269
	PM CAMPS 1PM-4PM	Culinary Creatives \$	10-16	8	3131AF	\$420/\$430
		Junior Counselor (12:30PM - 4:30PM)	11-15	22	3347JC	\$165/\$175
	FULL DAY 9AM-4PM Friendship Camp »		Entering 1st - 5th	21	3337FC	\$355/\$365

3)		Camp Title	Ages	Page #	Activity #	Fee (R/NR)
1-	AM CAMPS 9AM-12PM	Junior Counselor (8:30AM - 12:30PM)	11-15	22	3347JC	\$100/\$100
(July						
4	PM CAMPS 1PM-4PM	Junior Counselor (12:30PM - 4:30PM)	11-15	22	3347JC	\$100/\$110
Week	FULL DAY 9AM-4PM	Friendship Camp »	Entering 1st - 5th	21	3337FC	\$213/\$223

		Camp Title	Ages	Page #	Activity #	Fee (R/NR)
	SΣ	Junior Alchemist: Chemistry for Kids	6-12	13	3131AC	\$310/\$320
	AM CAMPS 9AM-12PM	Karate	7-17	9	3132BS	\$200/\$210
12)	AM-C	Expedition Kitchen \$	10-16	6	3131AF	\$420/\$430
∞ -	Α'6	Junior Counselor (8:30AM - 12:30PM)	11-15	22	3347JC	\$165/\$175
(July	12PM - Lunch Bunch (Bring Your Own Lunch)* 1PM On-Site Community Center Campers Only		6-14			\$10/\$15
sk 5	PS M	Edible Art and Colors of the Rainbow \$	6-9	7	3131CA	\$420/\$430
Week	PM CAMPS 1PM-4PM	Olympic Chess	6-12	15	3131AC	\$300/\$310
	PN 1F	Junior Counselor (12:30PM - 4:30PM)	11-15	22	3347JC	\$165/\$175
	FULL DAY 9AM-4PM Friendship Camp »		Entering 1st - 5th	21	3337FC	\$355/\$365

\$ Supply Fee

» Extended Care Options AM & PM - See page 21

		Camp Title	Ages	Page #	Activity #	Fee (R/NR)
		Athena's Architects: LEGO Design	6-12	14	3131AC	\$310/\$320
	SΣ	Ultimate Frisbee Action Camp	8-11	8	3536UF	\$280/\$290
	AM CAMPS 9AM-12PM	Fashion Sewing Summer Camp Intermediate \$	9-15	15	3133JH	\$400/\$410
	∀ 6	Taste Travelers \$	10 -16	8	3131AF	\$420/\$430
6		Junior Counselor (8:30AM - 12:30PM)	11-15	22	3347JC	\$165/\$175
15 - 19	12PM - Lunch Bunch (Bring Your Own Lunch)* 1PM On-Site Community Center Campers Only		6-14			\$10/\$15
(July		Edible Adventures and Global Goodies \$	6-9	7	3131CA	\$420/\$430
9		Minecraft Coding and Design Studio	6-12	11	3131AC	\$310/\$320
Week	PM CAMPS 1PM-4PM	Minecraft Master Engineering with LEGO Materials	7-12	17	3138PW	\$259/\$269
	M P O-M	Karate	7-17	9	3132BS	\$200/\$210
	П	Fashion Sewing Summer Camp Beginner \$	9-15	14	3133JH	\$400/\$410
		Junior Counselor (12:30PM - 4:30PM)	11-15	22	3347JC	\$165/\$175
	FULL DAY 9AM-4PM	DAY Eviandship Comp. v		21	3337FC	\$355/\$365

		Camp Title	Ages	Page #	Activity #	Fee (R/NR)
	Σ	Kids Carpentry	6-9	18	3133CN	\$295/\$305
	12P	Karate	7-17	9	3132BS	\$200/\$210
	9AM-12PM	Ultimate Frisbee Action Camp	8-11	8	3536UF	\$280/\$290
(9	AM CAMPS 9	Fashion Sewing Summer Camp Beginner \$	9-15	14	3133JH	\$400/\$410
- 2	W C⁄	Culinary Creatives \$	10-16	8	3131AF	\$420/\$430
122	¥	Junior Counselor (8:30AM - 12:30PM)	11-15	22	3347JC	\$165/\$175
7 (July	12PM - Lunch Bunch (Bring Your Own Lunch)* 1PM On-Site Community Center Campers Only		6-14			\$10/\$15
Week		Edible Science and Baking Bliss \$	6-9	7	3131CA	\$420/\$430
š	MPS PM	Kids Carpentry	8-13	18	3133CN	\$295/\$305
	PM CAMPS 1PM-4PM	Fashion Sewing Summer Camp Intermediate \$	9-15	15	3133JH	\$400/\$410
		Junior Counselor (12:30PM - 4:30PM)	11-15	22	3347JC	\$165/\$175
	FULL DAY 9AM-4PM Friendship Camp »		Entering 1st - 5th	21	3337FC	\$355/\$365

		Camp Title	Ages	Page #	Activity #	Fee (R/NR)
	PS PM	Animal Adventures with LEGO Materials	5-7	17	3138PW	\$259/\$269
	CAM -12	Edible Art and Colors of the Rainbow \$	6-9	7	3131CA	\$420/\$430
	AM CAMPS 9AM-12PM	Girls Carpentry	6-13	18	3133CN	\$295/\$305
02)		Live Action Flix	7-13	19	3131IF	\$317/\$327
Just		Junior Counselor (8:30AM - 12:30PM)	11-15	22	3347JC	\$165/\$175
9 - August	12PM - Lunch Bunch (Bring Your Own Lunch)* 1PM On-Site Community Center Campers Only		6-14			\$10/\$15
ly 2		Girls Carpentry	6-13	18	3133CN	\$295/\$305
8 (July	PS M	Wizarding World of Engineering using LEGO Materials	7-12	17	3138PW	\$259/\$269
Week	PM CAMPS 1PM-4PM	LEGO Flix	7-13	19	3131IF	\$317/\$327
>	PM (Karate	7-17	9	3132BS	\$200/\$210
		Expedition Kitchen \$	10-16	6	3131AF	\$420/\$430
		Junior Counselor (12:30PM - 4:30PM)	11 - 15	22	3347JC	\$165/\$175
	FULL DAY 9AM-4PM	Friendship Camp »			3337FC	\$355/\$365

		Camp Title	Ages	Page #	Activity #	Fee (R/NR)
		Edible Adventures and Global Goodies \$	6-9	7	3131CA	\$420/\$430
	SΣ	Kids Carpentry	6-9	18	3133CN	\$259/\$269
	AM CAMPS 9AM-12PM	Karate	7-17	9	3132BS	\$200/\$210
(60 -	AM-	Ultimate Frisbee Action Camp	8-11	8	3536UF	\$280/\$290
05	40	Improv and Theater Games	9-13	19	3131GE	\$275/\$285
lust		Junior Counselor (8:30AM - 12:30PM)	11-15	22	3347JC	\$165/\$175
9 (August	12PM - 1PM	Lunch Bunch (Bring Your Own Lunch)* On-Site Community Center Campers Only				\$10/\$15
_	PS	Kids Carpentry	8-13	18	3133CN	\$259/\$269
Week	CAM 1-4F	Taste Travelers \$	10-16	8	3131AF	\$420/\$430
	PM CAMPS 1PM-4PM	Junior Counselor (12:30PM - 4:30PM)	11-15	22	3347JC	\$165/\$175
	FULL DAY 9AM-4PM Friendship Camp »		Entering 1st - 5th	21	3337FC	\$355/\$365

\$ Supply Fee

» Extended Care Options AM & PM - See page 21

YOUTH CAMPS & CLASSES

Lunch Bunch

City of Albany staff will supervise your child(ren) during the hour-long break between AM and PM camps. Staff will pick your child(ren) up from AM camp and drop them off at their PM camp. Child(ren) will need to bring their own lunch. Sign-up is required.

Only for camps at the Albany Community Center.



Cooking

Expedition Kitchen

AGES 10-16

We'll take a deep dive into delightful sauces and explore sweet and savory spice blends. Campers will come home with the skills and confidence to cook intuitively and prepare balanced plant-based meals for their families and communities. \$50 supply fee paid to the instructor.

DATE	DAY	TIME	MEETS	ALB NON RES RES
Jun 10-14	M-F	1 PM-4 F	PM 5x	\$420 \$430
Jul 8-12	M-F	9 AM-12	PM 5x	\$420 \$430
Jul 29-Aug 2	M-F	1 PM-4 P	M 5x	\$420 \$430

Instructor: Path to Panacea Staff **Location:** Community Center, Kitchen Min: 8; Max: 12 Activity #: 3131AF



Edible Adventure and Global Goodies AGES 6-9

Embark on a flavor-filled journey to new parts of the world and discover new dishes from around the globe! Build skills, discover global culinary secrets, and leave with the expertise to craft your own cultural meals and snacks. Let your taste buds be the ultimate adventurers! \$50 supply fee paid to the instructor.

DATE	DAY	TIME	MEETS	ALB NON RES RES
Jun 17-21	L* M,Tu,	Th,F 9 AM-12	PM 4x	\$336 \$346
Jul 15-19	M-F	1 PM-4 PM	5x	\$420 \$450
Aug 5-9	M-F	9 AM-12 PM	1 5x	\$420 \$450

Instructor: Culinary Artistas Staff Location: Community Center Kitchen Min: 8; Max: 12 Activity #: 3131CA *No Camp Jun 19

Edible Science and Baking Bliss AGES 6-12

We will encourage playing with your food and using it as a medium for STEM learning! Kids embark on a flavorful journey, blending science and the art of baking. Kids will learn the science of dough making, create nourishing baked goods, and enjoy foody-science. \$50 supply fee paid to the instructor.

DATE	DAY	TIME M	EETS	ALB RES	NON RES
Jun 24-28	M-F	9 AM-12 PM	5x	\$420	\$430
Jul 22-26	M-F	1 PM-12 PM	5x	\$420	\$430

Instructor: Culinary Artistas Staff **Location:** Community Center Kitchen Min: 8; Max: 12 Activity #: 3131CA

Edible Art and Colors of the Rainbow AGES 6-9

Prepare for kaleidoscopic flavors and fun as we cook, bake and create our way through a sensory spectrum of seasonal ingredients. Kids learn the skills needed to become intuitive chefs as they whip up vibrant, nutritious delights based on our color of the day. \$50 supply fee paid to the instructor.

DATE	DAY	TIME	ME	ETS	ALB RES	
Jun 10-14	M-F	9 AM-12	PM	5x	\$420	\$430
Jul 8-12	M-F	1 PM-4 F	PM	5x	\$420	\$430
Jul 29-Aug 2	2 M-F	9 AM-12	PM	5x	\$420	\$430

Instructor: Culinary Artistas Staff **Location:** Community Center Kitchen Min: 8; Max: 12 Activity #: 3131CA



Taste Travelers

AGES 10-16

Prepare your tastebuds for liftoff (no passport required) as we explore food through a prism of culture, time, and place. We will traverse food traditions from around the world as we build skills and discover new herbs, spices, and ingredients along the way. \$50 supply fee paid to the instructor.

DATE	DAY	TIME	MEE	TS	ALB	NON
					RES	RES
Jun 17-21	* M,Tu,T	h,F 1 PM-	4 PM	4x	\$336	\$346
Jul 15-19	M-F	9 AM-12	2 PM	5x	\$420	\$430
Aug 5-9	M-F	1 PM-4	PM	5x	\$420	\$430

Instructor: Path to Panacea Staff Location: Community Center Kitchen Min: 8; Max: 12 Activity #: 3131AF *No Camp Jun 19

Culinary Creatives

AGES 10-16

Learn to cook, bake, think, and taste like a professional chef. Make classic culinary delights and come home with the skills to create your own signature restaurant-style dishes. The grand finale? A friendly chopped style cooking competition to show off learned skills and make something truly unique! \$50 supply fee paid to the instructor.

DATE	DAY	TIME	MEETS		NON RES
Jun 24-28	M-F	1 PM-4 PM	5x	\$420	\$430
Jul 22-26	M-F	9 AM-12 PM	1 5x	\$420	\$430

Instructor: Path to Panacea Staff **Location:** Community Center Kitchen Min: 8; Max: 12 Activity #: 3131AF

Sports

Ultimate Frisbee Action Camp

AGES 8-11

Ultimate Frisbee is a safe, engaging sport that teaches skills transferable to any sport. Each day we will learn throwing, catching, and the fundamental X's and O's. We emphasize Spirit of the Game and social-emotional skills to help players thrive. Have a blast playing with your friends and the Spiders!

DATE	DAY	TIME	MEETS	ALB RES	
Jun 17-21*	M,Tu,	Th,F 9 AM-12	PM 4x	\$225	\$235
Jun 24-28	M-F	9 AM-12 PM	5x	\$280	\$290
Jul 15-19	M-F	9 AM-12 PM	5x	\$280	\$290
Jul 22-26	M-F	9 AM-12 PM	5x	\$280	\$290
Aug 5-9	M-F	9 AM-12 PM	5x	\$280	\$290

Instructor: Spiders Community Web

Coaches

Location: Memorial Field

Min: 8; Max: 12 Activity #: 3536UF

*No Camp Jun 19





Karate Camp

AGES 7-17

Shotokan Karate is traditional Japanese karate with an emphasis on the integrated mind, body and spirit. This philosophy seeks perfection of character through hard training and discipline. We offer instruction in a supportive environment with traditional training. Students build endurance, alertness, and self-esteem.

DATE	DAY	TIME	MEETS	ALB NON RES RES
Jul 8-12	M-F	9 AM-12	PM 5x	\$200 \$210
Jul 15-19	M-F	1-4 PM	5x	\$200 \$210
Jul 22-26	M-F	9 AM-12	PM 5x	\$200 \$210
Jul 29-Aug	2 M-F	1- 4 PM	5x	\$200 \$210
Aug 5-9	M-F	9 AM-12	PM 5x	\$200 \$210

Instructor: Bijan Soleimani Location: Community Center Hall Min: 7; Max: 30 Activity #:3132BS

Karate Class

AGES 7-17

Shotokan Karate is traditional
Japanese karate with an emphasis on
the integrated mind, body and spirit.
This philosophy seeks perfection of
character through hard training and
discipline. We offer instruction in a
supportive environment with traditional
training.Students build endurance,
alertness, and self-esteem.
Sibling discount: \$5 off per child.

DATE	DAY	TIME	ME	ETS	ALB RES	NON RES
Jun 3-27	M/Th	5:30 PM-7	PM	8x	\$45	\$55
Jul 1-29*	M/Th	5:30 PM-7	PM	8x	\$45	\$55

Instructor: Bijan Soleimani

Location: Community Center Hall Min: 7; Max: 30 Activity #:3132BS

*No Class Jul 4



Challenger International Soccer

AGES 6-16

Join the Challenger Sports
International coaching team for an exciting and fun packed week of soccer this year right here in Albany! Explore the cultures, games, and activities of the world's top soccer playing nations through Challengers unique curriculum and highly energetic coaches. Players will learn tricks, skills, and tactics throughout the week and showcase their skills in our ever popular Camp World Cup!

DATE	DAY TIME	ALB NON RES RES	
Jun 10-14	M-F 9AM-12 PM	\$249 \$259	

Instructor: Challenger International

Soccer Staff

Location: Memorial Field

Min: 12; Max: 45 Activity #:3536CS



Since 1997, The Albany Police Department's Police Activities League (APAL) provides positive alternatives for Albany's young people.

With the goal of providing quality, fun and safe programming for youth, APAL is providing scholarships to help low-income eligible families defray the cost of recreational classes

Request an application at: recinfo@albany.org

Coding and Technology

Additional equipment is required for coding classes. Please check online at: albanyca.org/onlinereg for more information

AI Adventures

AGES 7-12

Our AI course sparks children's creativity by introducing them to cutting-edge technologies like ChatGPT, Stable Diffusion, DALL-E, and Novel.ai. Kids will create chatbots, animations, and stories. Other activities include crafting stories with Novel.ai and producing art with DALL-E. Expert instructors guide participants in understanding AI's potential, empowering their imaginative expression.

DATE	DAY	TIME	MEETS		NON RES
Jun 10-14	M-F	9 AM-12 P	M 5x	\$310	\$320

Instructor: Athena Coding Staff
Location: Community Center EOC
Min: 10; Max: 25 Activity #: 3131AC

Minecraft Coding and Design StudioAGES 6-12

Using Minecraft Educational, our course covers Game Design, Animation and Storytelling, Programming, Architecture and Design, electrical circuitry using Minecraft's Redstone circuit system, logic gates, modding and more!

DATE	DAY	TIME	MEETS	ALB NON RES RES
Jul 15-19	M-F	1-4 PM	5x	\$310 \$320

Instructor: Athena Coding Staff Location: Community Center EOC Min: 10; Max: 25 Activity #: 3131AC

Game Design and Animation with Scratch and Python

AGES 6-12

The course introduces young minds to programming using MIT's Scratch and Python via Code.org. Students bring their ideas to life, creating interactive games and animations. Our engaging environment fosters digital literacy, computational thinking, and problem solving skills.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jun 24-28	M-F	1-4 PM	5x	\$300	\$310

Instructor: Athena Coding Staff
Location: Community Center EOC
Min: 10; Max: 25 Activity #: 3131AC

Roblox Game Design and Coding with Lua

AGES 7-12

Bring your game ideas to life in Roblox! We'll guide you through the lifecycle of game development; you'll sketch out an idea, design your game, and complete a finished product! You'll use the Lua programming language to create in Roblox's 3D design studio while mastering real-world programming concepts.

DATE	DAY	TIME	MEETS		NON RES
Jun 10-14	M-F	1-4PM	5x	\$350	\$360

Instructor: Athena Coding Staff
Location: Community Center EOC
Min: 10; Max: 25 Activity #: 3131AC

Art Exploration Kids Camp

AGES 6-12

Let's make art! This studio camp will involve art exploration in 2-D and 3-D projects using a variety of art mediums. We will learn about different art techniques through several creative projects. Students will have a considerable amount of choice and can participate in individual and/or group projects.

\$45 supply fee paid to the instructor

DATE DAY TIME MEETS ALB NON RES RES

Jun 17-21* M,Tu,Th,F 9 AM-12 PM 4x \$275 \$285

Instructor: Moira Mcnamara

Location: Community Center Sharyl

Gates Craft Room

Min: 6; Max: 14 Activity #: 3133MM

*No Camp Jun 19





Comic Book Creation Camp

AGES 6-12

This camp will be focused on drawing comic books of our own creation. We'll learn about comic history, character creation and storyboard techniques. Students will make projects that fit with their own creative interests, both in drawing and writing. We will also use some bookmaking techniques and sew our own comic books.

\$45 supply fee paid to the instructor

 DATE
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 Jun 17-21* M,Tu,Th,F
 1-4 PM
 4x
 \$250
 \$260

Instructor: Moira Mcnamara

Location: Community Center Sharyl

Gates Craft Room

Min: 6; Max: 14 Activity #: 3133MM

*No Camp Jun 19

Special Interest

Dungeons and Dragons

AGES 7-12

Our exciting and imaginative program provides a fun and engaging way for students to develop their social, problem-solving, and teamwork skills while exploring the thrilling world of D&D. Dungeon Masters will guide students through a fantastical world filled with monsters, treasure, and challenges.

DATE DAY TIME MEETS ALB NON RES RES

Jun 24-28 M-F 9 AM-12 PM 5x \$300 \$310

Instructore Athena Coding Staff

Instructor: Athena Coding Staff Location: Community Center EOC Min: 8; Max: 16 Activity #: 3131AC

Junior Alchemists: Chemistry for Kids AGES 6-12

Learn to master the secrets of the universe, create a volcanic eruption, and pass secret messages to your friends. Junior Alchemists is designed to not only pique an interest in scientific inquiry, but to introduce students to a deeper understanding of its development and application.

 DATE
 DAY
 TIME
 MEETS
 ALB RES RES

 Jul 8-12
 M-F
 9 AM-12 PM
 5x
 \$310
 \$320

Instructor: Athena Coding Staff Location: Community Center EOC Min: 10; Max: 30 Activity #: 3131AC

Hollywood Filmmaking

AGES 8-12

We'll guide you as you turn your idea into an amazing script, and then we'll help you bring it to life! All students are divided into production teams; together, they'll brainstorm ideas, draft a script, and act out their own scripts. We'll guide students as they star in, film, and edit their movies.

DATE DAY TIME MEETS ALB NON RES RES

Jun 17-21* M,Tu,Th,F 1-4 PM 4x \$310 \$320

Instructor: Athena Coding Staff
Location: Community Center EOC
Min: 8; Max: 16 Activity #: 3131AC
*No Camp Jun 19



Athena's Architects: Lego® Design AGES 6-12

Elevate your child's Lego® passion with Athena's Architects, an imaginative launchpad. Our class goes beyond Lego® building, exploring structural design, symmetry, balance, and aesthetics through hands-on challenges. Join us for more than bricks, join a community of young architects, engineers, and storytellers.

DATE		DAY	TIME	MEETS	ALB	NON
					RES	RES
7l 1E	10	МЕ	0 AM 12 D	M Ev	¢210	¢220

Instructor: Athena Coding Staff
Location: Community Center EOC
Min: 10; Max: 30 Activity #: 3131AC





Fashion Sewing Summer Camp Beginner

AGES 9-15

Students will learn to sew and create a customized Tote Bag and Shorts. Students will learn to safely operate a sewing machine and iron, read a sewing pattern, and illustrate their designs. Camp instruction will emphasize design creativity and garment construction skill-building in a supportive learning environment. No experience needed, intermediate welcome.

\$95 supply fee paid to instructor.

DATE	DAY	TIME M	EETS	ALB RES	NON RES
Jul 15-19	M-F	1-4 PM	5x	\$400	\$410
Jul 22-26	M-F	9 AM-12 PM	5x	\$400	\$410

Instructor: Julia Husch

Location: Community Center Room 1 Min: 4; Max: 8 Activity #: 3133JH

Olympic Chess

AGES 6-12

Learn chess with Athena! We've designed a high-energy, stimulating approach to chess that is great for all ages. Students will spend much of their time playing each other and challenging the instructor. Each class ends in a tournament where the winner takes home a trophy.

DATE	DAY	TIME	MEETS	ALB NON RES RES
Jul 8-12	M-F	1-4 PM	5x	\$300 \$310

Instructor: Athena Coding Staff Location: Community Center EOC Min: 10; Max: 30 Activity #: 3131AC



Fashion Sewing Summer Camp Intermediate

AGES 9-15

In this intermediate level camp students will build their fashion sewing skills and explore their design creativity. Students will sew fashion projects within their skill level such as: Dress, Romper, Bucket Hat, Leggings, Bags, T-shirt, and more. Prior class or camp with Ms. Julia required. \$95 supply fee paid to instructor.

DATE	DAY	TIME MI	EETS	ALB RES	NON RES
Jul 15-19	M-F	9 AM-12 PM	5x	\$400	\$410
Jul 22-26	M-F	1-4 PM	5x	\$400	\$410

Instructor: Julia Husch

Location: Community Center Room 1 Min: 4; Max: 8 Activity #: 3133JH

Adventures in STEM with LEGO® Materials

AGES 5-7

Let your imagination run wild with tens of thousands of LEGO® parts! Build engineer-designed projects and use special pieces to create your own unique designs! Projects are rotated seasonally to ensure that both new and returning students can explore the range of creative possibilities in the LEGO® building system.

DATE	DAY	TIME MI	EETS	ALB RES	NON RES
Jun 10-14	M-F	9AM-12 PM	5x	\$259	\$269

Instructor: Play-Well TEKnologies Staff **Location:** Community Center Room 1&2 Min: 10; Max: 16 Activity #: 3138PW

Bash'em Bots using LEGO® Materials AGES 7-12

Design your custom LEGO® bot to take on any challenge. Mix and match chassis designs using wheels, treads, or walking legs. Combine these with tools like drills, hammers, and battering rams as you refine your masterpiece by sparring with friends and overcoming obstacles. Apply real-world engineering and physics concepts to help you bash and crash your way to victory!

DATE	DAY	TIME	MEETS		NON RES
Jun 24-28	M-F	1-4 PM	5x	\$259	\$269

Instructor: Play-Well TEKnologies Staff Location: Community Center Room 1&2 Min: 10; Max: 16 Activity #: 3138PW

Pokémon Engineering using LEGO® Materials

AGES 5-7

Calling all Pokémon trainers! With the Pokémon Championship approaching, join our enthusiastic Play-Well Instructors as we build and catch our favorite Pokémon, rescue Pikachu from Team Rocket, take a ride on the S.S. Anne to uncover rare and mystic Pokémon, and battle to see who will hold the title of Pokémon Master. Come along on our journey to catch 'em all!

DATE	DAY	TIME	M	EETS		NON RES
Jun 24-28	M-F	9AM-12	PM	5x	\$259	\$269

Instructor: Play-Well TEKnologies Staff Location: Community Center Room 1&2 Min: 10; Max: 16 Activity #: 3138PW

STEM Exploration with LEGO® Materials

AGES 7-12

Master your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture. Projects are rotated seasonally to ensure that even returning students get a new experience, so join us to design and build as never before and explore your boldest ideas yet!

DATE	DAY	TIME	MEETS		NON RES
Jun 10-14	M-F	1-4 PM	5x	\$259	\$269

Instructor: Play-Well TEKnologies Staff **Location:** Community Center Room 1&2 Min: 10; Max: 16 Activity #: 3138PW



Minecraft Master Engineering with LEGO® Materials

AGES 7-12

Bring your favorite Minecraft adventures to life with our enthusiastic Play-Well instructors. In a Minecraft world powered by LEGO® resources, we will build shelters to keep out Creepers, craft mystical items that only true masters can wield, and perfect our crossbow skills to stop the Wither from taking over! If you can imagine it, we can build it.

DATE	DAY	TIME	MEETS		NON RES
Jul 15-19	M-F	1-4 PM	5x	\$259	\$269

Instructor: Play-Well TEKnologies Staff Location: Community Center Room 1&2 Min: 10; Max: 16 Activity #: 3138PW

Wizarding World of Engineering using LEGO® Materials

AGES 7-12

Master the magic of Harry Potter using LEGO®! Visit Diagon Alley, play a game of Quidditch, and duel the evil Lord Voldemort. Hone your magical skills while learning about advanced Muggle (STEM) concepts.

DATE	DAY	TIME	MEETS		NON RES
Jul 29-Aug 2	M-F	1-4 PM	5x	\$259	\$269

Instructor: Play-Well TEKnologies Staff Location: Community Center Room 1&2 Min: 10; Max: 16 Activity #: 3138PW

Animal Adventures with LEGO® Materials

AGES 5-7

Let your imagination run wild with thousands of LEGO® parts as we design and build leaping dolphins, buzzing beehives, and towering giraffes. Play, create, and learn in a world inspired by the animal kingdom. Design and build as never before and explore your boldest ideas yet!

DATE	DAY	TIME	MEETS	ALB	NON
				RES	RES

Jul 29-Aug 2 M-F 9AM-12 PM 5x \$259 \$269

Instructor: Play-Well TEKnologies Staff **Location:** Community Center Room 1&2 Min: 10; Max: 16 Activity #: 3138PW



Kids Carpentry

Kids Carpentry teaches children the safe use of hand tools in a fun environment. Kids build their own wooden projects from scratch, gaining experience in physical engineering, applied math, problem solving, and patience. The lessons, projects, and tools evolve with each student's individual pace. We build from a variety of project examples such as boats, trucks, bird feeders, doll furniture, spinning tops, airplanes, shelves, boxes, games and much more.

AGES 6-9

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jul 22-25	M-Th	9 AM-12 F	PM 4x	\$295	\$305
Aug 5-8	M-Th	9 AM-12 F	PM 4x	\$295	\$305

AGES 8-13

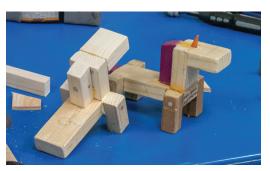
DATE	DAY	TIME	MEETS		NON RES
Jul 22-25	M-Th	1-4 PM	4x	\$295	\$305
Aug 5-8	M-Th	1-4 PM	4x	\$295	\$305

Instructor: Casey Nutt

Location: Community Center Sharyl

Gates Craft Room

Min: 5; Max: 9 Activity #: 3133CN



Girls Carpentry

AGES 6-13

Girls Carpentry teaches children the safe use of hand tools in a fun environment. Kids build their own wooden projects from scratch, gaining experience in physical engineering, applied math, problem solving, and patience. The lessons, projects, and tools evolve with each student's individual pace. We build from a variety of project examples such as boats, trucks, bird feeders, doll furniture, spinning tops, airplanes, shelves, boxes, games and much more.

DATE	[DAY	TIME	ME	ETS	ALB RES	NON RES
Jul 29-Aug	1	M-Th	9AM-12 l	РМ	5x	\$295	\$305
Jul 29-Aug	1	M-Th	1-4PM		4x	\$295	\$305

Instructor: Casey Nutt

Location: Community Center Sharyl

Gates Craft Room

Min: 5; Max: 9 Activity #: 3133CN



Live Action Flix

AGES 7-13

Discover your filmmaking talents! You don't have to be an actor to take part, as we'll guide you through the Hollywood process to create, direct, film, act, and more. You won't just make an incredible movie, you'll have the skills to make your own movies with friends later.

DATE	DAY	TIME	MEETS	ALB N	ON
				RES F	≀ES

Jul 29-Aug 2 M-F 9 AM-12 PM 5x \$317 \$327

Instructor: IncrediFlix Inc. Staff Location: Community Center Hall Min: 6; Max: 20 Activity #: 3131IF



Improv and Theater Games

AGES 6-11

In this camp, campers will be introduced to basic concepts of comedy improv. Through games and structures, they will learn to trust their instincts, think on their feet and support each other. They will also laugh a lot!

DATE	DAY	TIME	MEETS		NON RES
Aug 5-9	M-F 9	AM-12 PM	5x	\$275	\$285

Instructor: Geri Engberg

Location: Community Center Hall

Min: 6; Max: 16 Activity #: 3131GE

Lego® Flix

AGES 7-13

Bring Lego® worlds to life! We provide Legos®. You provide your imagination. Work in groups to create a Lego® set with Lego® characters for a stopmotion movie you'll storyboard, shoot, and add voice-over too.

DATE	DAY	TIME	MEETS		NON RES
Jul 29-Aug 2	M-F	1-4 PM	5x	\$317	\$327

Instructor: Incrediflix Inc Staff Location: Community Center Hall Min: 6; Max: 20 Activity #: 3131IF

Write On! Creative Writing Labs

AGES 8-13

This engaging, supportive and creative writing camp aimed at making writing fun! Students will participate in a wide range of writing exercises including cooperative games, poetry, story writing and peer editing. Edited work will be published in a magazine that students can take home. Classes are designed for both the enthusiastic and the reluctant writer! Returning students welcome! Each week focuses on a different theme.

DATE	DAY	TIME	MEETS	ALB NON RES RES
Jun 5-7	W-F	9 AM-12 P	M 3x	\$150 \$160
Jun 5-7	W-F	1-4 PM	3x	\$150 \$160
Jun 10-14	M-F	9 AM-12 P	M 5x	\$250 \$260
Jun 10-14	M-F	1-4 PM	5x	\$250 \$260
Jun 17-21	M-F	9 AM-12 P	M 5x	\$250 \$260
Jun 17-21	M-F	1-4 PM	5x	\$250 \$260

Instructor: Abby Skrivan

Location: Albany Middle School

Annex, Room 23

Min: 6; Max: 20 Activity #: 3131W0

FRIENDSHIP CLUB

City of Albany Friendship Club programs are for children in 1st – 10th grade. All programs are held at Ocean View Park, 900 Buchanan Street. These specialized programs are curated by City Staff to bring enriching experiences to youth in the community.





FRIENDSHIP SUBSIDY PROGRAM

Financial subsidies are available for income eligible Friendship Summer Camp participants and Junior Counselors who live in Albany.

Interested families should apply *before* registering for summer sessions. Applications will be accepted throughout the summer.

You can find more information and the application at: www.albanyca.org/friendshipsubsidy



Contact kmiller@albanyca.org or (510) 559-7227 with any questions.

SUMMER CAMP

Friendship Summer Camp will give your child a summer to remember!

Our summer camp engages, delights, and inspires children to have fun through play. Campers will make new friends and learn new skills. Each week children will do activities that include art, crafts, sensory play, engineering and building, science, and outdoor group games. The children will go on weekly walking field trips to local parks and the Albany Aquatic Center for pool day fun!

Join us for one week or the whole summer to make memories to last a lifetime.

Partial week registration is not offered for summer camp, nor extended care options.

Ages: Entering 1st - 5th grade in Fall 2024

Days: Monday – Friday **Time:** 9:00 AM – 4:00 PM

Fees: Resident \$355, Non-Resident \$365 Prorated fees applied to weeks 2 & 4

Dates

Week 1	June 10-14
Week 2	June 17-21*
Week 3	June 24-28
Week 4	July 1-5*
Week 5	July 8-12
Week 6	July 15-19
Week 7	July 22-26
Week 8	July 29-August 2
Week 9	August 5-9
*No camp	June 19, July 4 & 5



Activity # 3337FC

Extended Care Options: Children will enjoy outdoor free play.

Days: Monday - Friday

Time: 8:00-9:00 AM and/or 4:00-5:00 PM

Fees: \$25 each AM/PM

Prorated fees applied to weeks 2 & 4

Questions? Contact Youth Services Staff at FriendshipClub@albanyca.org or (510) 559-7220



JUNIOR COUNSELOR SUMMER PROGRAM

Calling all Friendship Summer
Camp Junior Counselors! The
Junior Counselor program offers
tweens and teens the opportunity
to spend their summer having fun
and gaining valuable leadership
experience working with
children. During the camp week,
participants will join Recreation
Leaders to assist with various
camp projects and games while
having a great time.

Ages: Entering

6th – 10th grade in Fall 2024

Days: Monday – Friday

Times:

8:30 AM - 12:30 PM or 12:30 PM - 4:30 PM

Fees:

Resident \$165 Non-resident \$175 Prorated fees applied to weeks 2 & 4

Activity # 3347JC

For more information or to sign up scan the code:





Week 1	June 10-14
Week 2	June 17-21*
Week 3	June 24-28
Week 4	Jul 1-5*
Week 5	July 8-12
Week 6	July 15-19
Week 7	July 22-26
Week 8	July 29-August 2
Week 9	August 5-9
*No Camp Jun	e 19, July 4 & 5

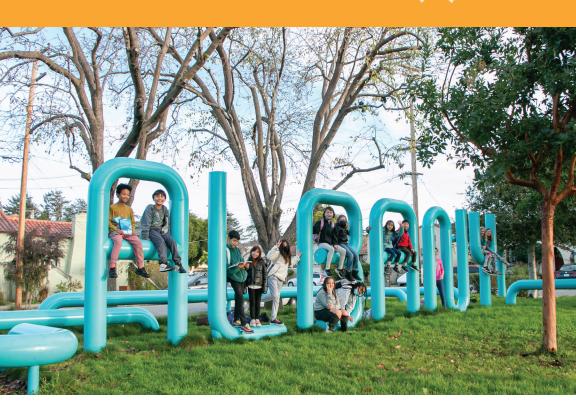
FRIENDSHIP CLUB 2024-2025

Friendship Club is for children entering 1st – 5th grade in Fall and is an oasis where every child can play and explore in a safe and enriching environment. Our curriculum is inquiry-based and driven by the interests of the children. Children have an opportunity for daily indoor and outdoor play, along with having time for relaxation and homework.

Friendship Club will run from August 2024 – June 2025 and correspond with the AUSD Calendar.

*Enrollment Begins
June 2024!





ADULT CLASSES

Morning Yoga

AGES 18+

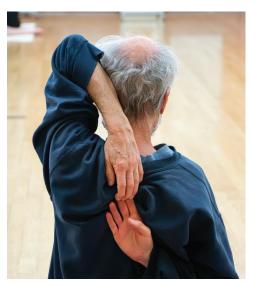
Begin your day by exploring gentle, therapeutic, and graceful movements. Staying connected to our breath, we become present with every moment and every sensation in the body. We will learn the traditional Yoga asanas (postures) in the style of Hatha Yoga to increase the flexibility and endurance of the body.

DATE		DAY	T1	[ME	MEE.	ΓS	ALB	NON
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7/	7.10	т	40	44 45	A A A	_	400	£400

Jun 4- Jul 9 Tu 10 -11:15 AM 6x \$90 \$100 Jun 6- Jul 11* Th 10 -11:15 AM 5x \$75 \$85 Jul 16-Aug 27 Tu 10 -11:15 AM 7x \$105 \$115 Jun 18-Aug 29 Th 10 -11:15 AM 7x \$105 \$115

Instructor: Julia Alexander Location: Community Center Hall Min: 5; Max: 20 Activity #: 3116JA

*No Class Jul 4



Yoga with Viji

AGES 18+

In these 90-minute classes, students will learn a range of poses and breathing techniques that Viji has studied from some of India's best yoga teachers including a few other easy immune system-boosting exercises, which are not a traditional part of yoga. The class includes the practice of guided mediation.

DATE	DA'	Y	TIME	ı	MEETS		NON RES
Jun 12-Jul	17*	W	6:30-8	PM	5x	\$60	\$70
Jul 31-Aug	28	W	6:30-8	PM	5x	\$60	\$70

Instructor: Viji Sundaram

Location: Community Center Hall Min: 5; Max: 20 Activity #: 3154YV

*No Class Jun 19

Ikebana Sogetsu School

AGES 18+

Develop creative self expression through flower arrangement. Learn the beauty of the simplicity of line and color using flowers and materials you bring to class each week.

DATE DAY TIME MEETS ALB NON RES RES

May 29-Jul 24* W 1-4 PM 8x \$250 \$260

Instructor: Soho Sakai

Location: Community Center Hall Min: 15; Max: 40 Activity #:3213IB

*No Class Jun 19

User Friendly Pilates

AGES 18+

Develop core strength with the proper awareness to get stronger without getting hurt; learn to improve flexibility, endurance, posture, and balance. Ernie has 30 years of experience helping students optimize movement and prevent injuries. He is certified in Pilates, Feldenkrais, Barefoot Training, and has an extensive background as a professional dancer.

DATE	DAY	TIME	MEE	TS	ALB RES	
Jun 4- Ju	l 16 T 5	:30-6:30	PM	7x	\$115	\$125
Jul 23- Ai	ug 27 T 5	:30-6:30	PM	6x	\$115	\$125

Instructor: Ernie Adams

Location: Community Center Hall Min: 10; Max: 30 Activity #: 3114EA



FOOT Power

AGES 18+

With each step your foot impacts the ground at 1.5x your body weight. If impact is not controlled, injuries and falls result. Wakeup and strengthen your feet; learn the good, bad, and ugly about shoes, orthotics, and barefoot training. Ernie has 30 years of experience helping students optimize movement and prevent injuries.

DATE	DAY	TIME	MEE	TS	ALB RES	
Jun 6- Jul	18* Th	5:30-6:30	PM	6x	\$105	\$115
Jul 25- Aug	g 29 Th	5:30-6:30	PM	6x	\$105	\$115

Instructor: Ernie Adams

Location: Community Center Hall

Min: 10; Max: 30 Activity #: 3114EA

*No Class Jul 4

Awareness Through Movement

AGES 18+

ATM is a mind-body approach that finely tunes your ability to coordinate movement in order to improve flexibility, posture, and balance. Ernie has 30 years of experience helping students optimize movement and prevent injuries. He is a certified Feldenkrais Practitioner® and Pilates trainer with an extensive background as a professional dancer.

DATE	DAY	TIME	MEETS		NON RES
Jun 7- Jul 1	19 F	12-1 PM	7x	\$115	\$125
Jul 26- Aug	30 F	12-1 PM	6x	\$115	\$125

Instructor: Ernie Adams

Location: Community Center Hall

Min: 10; Max: 30 Activity #: 3114EA

Painting Workshop

AGES 18+

In this painting workshop, experienced artists work independently with water-based paints, drawings, collage or mixed media. Participants bring their own projects and materials. There is no instruction, but we strive to provide a supportive space for creative work.

DATE	DAY	TIME	MEETS	ALB NON
				RES RES

Jul 3-Aug 21 W 5:30-8:30 PM 8x \$60 \$70

Instructor: Charley Paffenbarger **Location:** Community Center Room

1&2

Min: 5; Max: 12 Activity #: 3113PW

Karate Class

AGES 18+

Shotokan Karate is traditional Japanese karate with an emphasis on the integrated mind, body and spirit. This philosophy seeks perfection of character through hard training and discipline. We offer instruction in a supportive environment with traditional training. Students build endurance, alertness, and self-esteem.

DATE	DAY	TIME	MEE	TS		NON RES
Jun 3-27	M/Th	5:30 PM-7	PM	8x	\$55	\$65
Jul 1-29*	M/Th	5:30 PM-7	PM	8x	\$55	\$65

Instructor: Bijan Soleimani

Location: Community Center Hall

Min: 7; Max: 30 Activity #:3132BS

*No Class Jul 4

Adult Sports

Adult Co-ed Softball

AGES 18+

Organize a team for Albany's adult recreational softball league. This league is available for novice, intermediate, or advanced-level players. Each team will have one scheduled game per week. 1st place team receives an award at the end of the season.

DATE	DAY	TIME	М	EETS		NON RES
Jul 2-0ct 15	Tu	6:30-10	РМ	15x	\$899	\$924

Instructor: B. Bell

Location: Ocean View Field

Min: 6; Max: 7 Activity #:3516SB

Adult Co-ed Soccer

AGES 18+

Get your cleats on! Albany has a Wednesday night 5-a-side co-ed soccer league. This league is for people who love the game, want to have fun, and join a team. Players have the opportunity to play weekly and compete with others.

DATE	DAY	TIME	MEETS		NON RES
Jul 3-0ct 16	W	7:20-10 PM	1 15x	\$799	\$824

Instructor: B. Bell

Location: Ocean View Field

Min: 7; Max: 8 Activity #:3516AS

Pickleball League

AGES 18+

Our pickleball league strives to promote sportsmanship, competition, community involvement, health, and fitness. We have designed the format so players mostly play with others of similar skill levels. Your scoring will determine your placement.

DATE	DAY	TIME	MEETS	ALB	NON	
				RES	RES	
Jun 30-Au	a 18 Su	4-6 PM	8x	\$120	\$130	

Instructor: B. Bell

Location: Albany High School Gym Min: 8; Max: 16 Activity #:4516PL

Indoor Pickleball Drop-in

AGES 18+

Play pickleball once a week at the Albany High School Gym. Recreation staff sets up nets and is there to help you learn the game! Pickleball is a paddleball sport that combines elements of badminton, table tennis, and tennis. Paddles are available to rent at \$2. Fee is per class.

DATE	DAY	TIME	MEETS		NON RES
Jun 16-Aug 18	3 Su	6-8 PM	1x	\$8	\$10

Instructor: B. Bell

Location: Albany High School Gym

Min: 0; Max: 25



Outdoor Pickleball Drop-in

AGES 18+

Play pickleball once a week at the Ocean View Pickleball Courts. Recreation staff sets up nets and is there to help you learn the game! Pickleball is a paddleball sport that combines elements of badminton, table tennis, and tennis. Paddles are available to rent at \$2. Fee is per class.

DATE	DAY	TIME	MEETS		NON RES	
Year-round	Tu	4-6 PM	1x/week	\$8	\$10	

Instructor: B. Bell

Location: Ocean View Pickleball

Courts

Min: 0; Max: 25



Cooking with Chat

Chat Mingkwan was classically trained in cooking in Rayon, France. A native of Thailand, he began cultivating and cooking Thai food as a child, working alongside his mother and aunt in their successful restaurant and hotel. He has traveled throughout Southeast Asia and mastered the local cuisines. Chat is currently a cooking teacher, author, food and restaurant consultant.

Instructor: Chat Mingkwan Location: Community Center

Kitchen

Min: 5; Max: 12 Activity #:3111CM

Bring your sharp chef's knife (minimum 8"), sturdy cutting board, vegetable peeler, hand towel, and beverage.

\$15 food fee payable to instructor on day of class.

Summer Dim Sum Workshop

AGES 18+

Learn to cook a variety of popular summer specialties. Practice techniques of filling and wrapping while preparing delicious dim sum, such as pork & shrimp dumplings, BBQ pork buns, chinese broccoli, garlic chive cakes, and more!

DATE	DAY	TIME	MEETS		NON RES
Jun 25	Tu	5:30-8:30PM	1x	\$48	\$58

Burmese Cooking

AGES 18+

Discover the unique characteristics of Burmese cuisine. Learn to cook three popular Burmese dishes in this class and prepare laphet tea leaf salad, fish curried noodles, and sweet and sour chicken stew.

DATE	DAY	TIME	MEETS		NON RES
May 23	Th	5:30-8:30PM	1x	\$48	\$58

Basic Knife Skills

AGES 18+

Learn to cut and dice like a pro! These basic skills will make your cooking less laborious, less time-consuming and more fun. We will learn to julienne, baton, brunoise, and chiffonade vegetables and break up whole chickens to make a simple meal, including tips on maintaining and sharpen knifes.

DATE	DAY	TIME	MEETS		NON RES
Jun 4	Tu	5:30-8:30PM	1 1x	\$48	\$58





Grills and BBQ from Asia

AGES 18+

Learn to season with herbs and spices such as lemongrass, kaffir, five-spice, curry and sweet soy, and make a variety of grilled foods from around Asia. We will prepare marinades, rubs, and tenderizers for a variety of meats, seafood, and vegetables such as Thai satay with peanut sauce, lemongrass chicken, and curry fish in banana leaves.

DATE	DAY	TIME	MEETS		NON RES
Jul 11	Th	5:30-8:30PM	1x	\$48	\$58

Easy Vietnamese Cooking

AGES 18+

Learn to use fresh herbs, such as Vietnamese mint-rau ram, basilrau que, and ngo gai. Learn to use simple techniques in preparing easy Vietnamese dishes, such as lemongrass chicken, shaking beef, grilled pork on dried noodles.

DATE	DAY	TIME N	MEETS		NON RES
Jul 23	Tu	5:30-8:30PM	1x	\$48	\$58

Indonesian Cuisine

AGES 18+

The cooking of the "Spice Islands" is filled with aromatic flavors and fresh tropical fruits, herbs and local spices. Learn to use Indonesian herbs and spices and prepare assorted satay with fresh tropical fruit salad, gado gado with peanut dressing, and beef curry.

DATE	DAY	TIME	MEETS	ALB NO RES RE	
Jul 2	Tu	5:30-8:30PM	1x	\$48 \$5	8

Easy Vietnamese Cooking

AGES 18+

Learn the basics of preparing fresh sushi. Learn to make sushi rice for use in nigiri (finger roll) and nori maki (seaweed hand roll). Practice Japanese techniques of filling and wrapping by preparing a variety of sushi such as hamachi, inari, maguro, unagi, tobiko, cucumber, spicy tuna, California and Philadelphia rolls.

DATE	DAY	TIME	MEETS		NON RES
Jul 25	Th	5:30-8:30PM	1x	\$48	\$58

Curries from Asia Workshop

AGES 18+

Learn to transform herbs and spices into scrumptious curry dishes from around Asia, such as Indian vegetarian korma, Thai green curry with seafood, and Burmese chicken yellow curry.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Aug 1	Th 5	:30-8:30PM	1x	\$48	\$58

S E N I O R C E N T E R

ALBANY SENIOR CENTER

846 Masonic Avenue, Albany 1(510) 524-9122

Hours: M-F, 8:30 AM to 5 PM

JUST FOR THE FUN OF IT SOCIALS!

The Albany Senior Center offers opportunities for adults 50+ with similar interests to gather and have fun together. Socialize with friends and make new ones!

Please check in at the Senior Center Front Desk for room location. Schedule is subject to change. Drop-in fee is \$1.

MONDAYS

SENIOR CENTER CHORUS

Jun 3 – Aug 26 3-4:30 PM

This chorus rehearses weekly, and occasionally performs in the community. Come be a part of this organized group of singers. Available on Zoom or in-person.

TUESDAYS

NEEDLECRAFT & BEADING

Jun 4 – Aug 27 10 AM-12 PM

Improve your craftsmanship and socialize, while working on your own current project.
Bring your own materials.

MORNING STRETCHES

Jun 4 – Aug 27 10-11 AM

City Staff will lead participants in a set of stretches focusing on slow peaceful, and meditative movement. Available on Zoom or in-person.

MATINEE MOVIES

Twice per month, Jun 4 – Aug 27 Movie starts at 1:30 PM

Enjoy popcorn and watch a critically acclaimed film. See our movie flyer for a schedule of films. Limited seating available.

TUESDAYS (CONTINUED)

POP UP PING PONG

Jun 4 – Aug 27 1:30-3 PM

All levels of players are welcome to join our non-competitive Ping Pong (Table Tennis). Exercise and make new friends.

WEDNESDAYS

No Socials on Jun 19

WOMEN'S BALKAN DANCING

Jun 5 – Aug 28 10-11:15AM

Dances from Bulgaria, Greece, Albania, Armenia, Macedonia, Turkey and Serbia reflect ancient traditions. No dance experience required, and women of all ages are welome; every dance is taught first.

POP UP PING PONG

Jun 5 – Aug 28 1:30-3 PM

All levels of players are welcome to join our non-competitive Ping Pong (Table Tennis). Exercise and make new friends.

THURSDAYS

No Socials on Jun 27 & Jul 4

PAINTING

Jun 6 – Aug 29 9 AM-12 PM

Be inspired to further your artistic skills, have space to spread out your supplies and be part of a safe artist community. Bring your own materials.

THURSDAYS (CONTINUED)

MAHJONG & GAMES

Jun 6 – Aug 29 1-3 PM

Mahjong, dominos, and cards available for anyone looking to have some fun.

KARAOKE FOR SENIORS

Every 3rd Thursday, Jun 6 – Aug 29 1:30-3 PM

Take turns singing popular songs with a microphone and audience full of friends.

FRIDAYS

FRENCH CONVERSATION

Jun 7 - Aug 30 11:30 AM-12:30 PM

If you are interested in conversing in French this group is for you. Talk, listen, and discuss current events en français.

FOLK DANCING

Jun 7 – Aug 30 10-11:30 AM

Balance, space, time and movement will be used while participating in simple folk dancing.

BOOMERS & BEYOND

Exercise & Dance

Gentle Tai Chi

AGES 50+

This gentle approach to Tai Chi combines Nei Dang Chi Kung, emphasizing deep breathing and meditative elements. Helps with circulation, loosening joints and secure balance.

Location: Senior Center Multipurpose Room

DATE	DAY	TIME	ALB NON
			RES RES

Jun 3-Aug 9* M/W/F 10:30 AM-11:30 AM \$4 \$5

Location: Community Center Hall

DATE	DAY	TIME	ALB	NON
			RES	RES

Aug 12-30 M/W/F 10:30 AM-11:30 AM \$4 \$5

Drop in fee per class

Instructor: Yachiyo Otsubo

Min: 20; Max: 40 *No Class Jun 19



Rosen Movement

AGES 50+

Based on Rosen Method Movement, a tradition developed by physical therapist Marion Rosen, who took this class at Albany Senior Center through her mid-90's. Classes are playful yet powerful, combining elements of stretch, balance, dance, yoga, and relaxation, all done with wonderful music. Join us!

DATE	DAY	/ TIME		NON RES
Jun 5-Aug 28 ³	* W	12:15-1:15 PM	\$8	\$9

Drop in fee per class

Instructor: Deborah Marks

Location: Senior Center, South Room

Min: 3; Max: 15
*No Class Jun 19

Rosen Method: Moving Body & Soul AGES 50+

During this one-hour class, we practice balance, simple dance steps, and easy yoga stretches, to a wide variety wonderful music. All are invited so please join us!

DATE	DAY	TIME	ALB RES	NON RES
Jun 7-Aug 30	F	9:30-10:30 AM	\$11	\$12

Drop in fee per class

Instructor: Odile Atthalin

Location: Senior Center, Multipurpose

Room

Min: 3; Max: 15

Fitness into the Golden Ages - Weight and Balance Training

AGES 50+

With over 25 years of professional fitness experience, trainers will help you improve your strength, mobility and balance. With their gentle approach, they will train you to use simple body resistance exercises, dumbbells, and other small apparatus. Experience what training can do for you!

DATE	DAY	TIME	MEETS		NON RES
Jun 7-Aug 30	F	4-4:45 PM	13x	\$49	\$54

Instructor: Sarah Abelson & Jasmine

Buczek

Location: Senior Center, Annex Min: 4; Max: 10 Activity # 322418

Walking

Albany Senior Center Walking Group AGES 50+

Come enjoy a group walk to various places around Albany led by local residents and nature lovers. With the benefits of vitamin D from the sun and cordial social exchange, come get active with us

DAY	TIME	ALB NON RES RES
Mondays	1-2:30 PM	Free Free

Location: Each walk departs from the

Senior Center

Walk, Talk, & Be Healthy

AGES 50+

A program designed to encourage walking for adults 50+. Visit regional parks and other interesting, scenic places. Walks are usually 2 to 4 miles and range from easy to moderate difficulty. Monthly walk schedules and registration forms are available at the Albany Senior Center. Space is limited and early registration recommended.

DAY	TIME	ALB NON
		RES RES

Monthly Tuesdays 9AM-2:30PM Varies for each trip

Location: Each walk departs from the Senior Center

Min: 5: Max: 20

Read & Write

Memoir Writing

AGES 50+

Students read their own writings to the class for comments and evaluation. The teacher points out principles and approaches for effective writing. The idea is to make our memoir writing as vivid and effective as possible. The class is a low-pressure and respectful atmosphere where writing may be safely explored.

DATE	DAY	TIME	MEETS		NON RES
Jun 3-Aug 26	М	1-3 PM	13x	\$96	\$101

Instructor: Bill Hyman

Location: Senior Center, South Room Min: 4; Max: 30 Activity # 322203

IPad for Beginners

AGES 50+

We have a drop-in weekly support group for those who are newer users of iPads or other touch screen devices. We will focus on getting around on our devices, learning and reviewing basics and useful skills. Bring your own device.

DATE	DAY	TIME		NON RES
Jun 26-Aug 29*	Th	2-3 PM	\$1	\$1

Drop in fee per class

Instructor: Volunteers

Location: Senior Center, South Room

Min: 4; Max: 30

*No Class on Jun 27

Special Interest

World Affairs & Politics

AGES 50+

This is an open group discussion of world affairs and politics, both local and international

DATE	DAY	TIME		NON RES
Jun 3-Aug 26	М	10-11:30 AM	\$1	\$1

Drop in fee per class

Instructor: Volunteers

Location: Senior Center, South Room

Min: 4; Max: 20

Demystifying Nutrition Controversies

AGES 50+

With so much conflicting information in the news, the best nutritional decisions may be confusing. Paleo, fat, meat, raw milk, vegan, organic, salt, calories, cholesterol, or supplements? Come learn the science and understand your own biochemical individuality, so you can make the best choices. Material fee for weekly snacks collected in class (\$6-\$8).

DATE	DAY	TIME	MEETS		NON RES
Jun 3-24	М	3:30-5 PM	1 4x	\$4	\$4
Jul 1-29	М	3:30-5 PM	1 5x	\$5	\$5
Aug 5-26	М	3:30-5 PM	1 4x	\$4	\$4

Instructor: Nori Hudson, BCHN Location: Senior Center, South Room Min: 5; Max: 20 Activity # 322128

AARP: Mature Driving Refresher Course

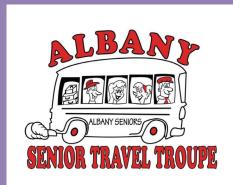
AGES 50+

This class offers participants compensating techniques and emphasizes defensive practices. Participants must take both classes to receive their Certificate of Completion, which entitles drivers 50 and older, to a discount for three years on their auto insurance. Register through the Albany Senior Center. Fees will be paid directly to AARP on the first class. Check or money order only (no cash).

DATE		DAY	TIME	MEETS		NON RES
Jun 6	Th	12:	30-5 PM	1x	\$20	\$25

Instructor: Olithia O'Toole

Location: Senior Center, South Room Min: 10; Max: 20 Activity # 322105



All adults ages 50+ are welcome to travel with us as we explore the beautiful and exciting areas and attractions around Northern California. Hop aboard our bus and leave the planning to us. Each trip is led by a group leader. All trips include periods of walking, standing, sitting, admission and transportation, unless otherwise indicated.

Travel itineraries are subject to change.



Guide Dogs for the Blind Tour

Come see the Guide Dogs for the Blind campus in San Rafel. Our walking tour will last approximately 1.5 hours and include indoor and outdoor locations. Included on the tour are stops in the residential courtyard, the training courtyard, and the Learning Lab at their Puppy Center. We'll get to see a puppy graduation too! After our tour we'll stop at one of San Rafael's hottest dining destinations and a Michelin's Guide restaurant called Sol Food. Lunch is on your own, but you won't want to miss out on this Puerto Rican food!

DATE	DAY	TIME		NON RES
Jun 6	Th	9 AM-3 PM	\$29	\$34



Google Visitor Experience

The Google Visitor Experience allows you to connect with friends at the cafe, explore hardware products and services at the Google Store, support local businesses at the Pop-Up Shop, and eniov art and events on the plaza.

DATE	DAY	TIME	ALB RES	NON RES
Aug 8	Th	9:30 AM-4 PM	\$29	\$34

California Academy of Science

Embark on epic science adventures from the heart of Golden Gate Park! Explore hands-on exhibits that showcase Earth's dazzling biodiversity and learn how the Academy is working to regenerate the natural world.

DATE	DAY	TIME	ALB RES	NON RES
Jul 25	Th	10 AM-3 PM	\$70	\$75



Bohème Out of the Box

Senior Center Staff will walk with participants to enjoy lunch at one of Albany's local restaurnants. They will then assist you in finding seats for one-of-a-kind experience. San Francisco Opera will be performing one-hour version of Puccini's famous La Bohème! This performance will be live in Italian with English narration and keyboard accompaniment. It will bring powerful emotions and soaring arias in a relaxed, intimate environment.

DATE	DAY	TIME	ALB RES	NON RES
Jun 27	Th	12-2 PM	Free	Free



River Rock Casino

Located in the heart of wine country, nestled among the rolling hills of the Alexander Valley, River Rock Casino is one of the closest, most accessible gaming facilities for residents of the San Francisco Bay Area.

DATE	DAY	TIME		NON RES
Jul 8	М	8:30 AM-4 PM	\$29	\$34



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LUNCH TROUPE

Join in on this popular part of the Senior Travel Troupe as we explore and enjoy lunch at some of our area's finest dining and popular destinations. Hop aboard our bus with family, friends and other food connoisseurs for an afternoon of good food, company and fun! Lunch and exploring are on your own. All Lunch Trips are from 10am - 3pm, Albany Residents \$29, Non-Residents \$34

Old Town Sacramento

Jun 13, Thursday

Whether you're looking for history or a day out with friends, Old Sacramento Waterfront has it all. Plan your perfect day, adventure is calling.

Yountville

Jun 21, Friday

Michelin-starred restaurants, award-winning tasting rooms, world-class art, fine accommodations, and incredible natural surroundings are all within walking distance.



Half Moon Bay

Jul 19, Friday

Half Moon Bay's Main Street has a rich history, with dozens of buildings of historic significance. With parks, live music, shops, galleries, and eateries, you'll easily spend the whole day downtown.



Capitola

Aug 29, Thursday

Stroll through the streets of Capitola Village and stop by locally curated shops full of art, clothing, textiles and more.

EXTENDED VACATIONS

Extended vacations with the Albany Senior Travel Troupe are a great opportunity for adults ages 50+ to travel with friends and family to enticing travel destinations around the world with confidence. Sign up for your dream destination and leave the worrying to us. We offer a program with no membership fees, high quality all-inclusive packages, competitive prices, and the most important part...traveling with someone you know! We hope you can take advantage of these exciting upcoming vacations.

Spotlight on New York

5 Days - Leaves October 17, 2024

Trip Includes:

Roundtrip airfare, roundtrip transfers, 4 nights' accommodation, 5 meals (3 breakfasts, 2 dinners), professional tour director, motorcoach transportation, sightseeing per itinerary, admission per itinerary, hotel transfers, baggage handling at hotels.

Cost:

\$2,999 per person, double occupancy / \$500 single supplement **Deposit:** \$698 per person final payment due 60 days prior to departure in August 2024

Nashville & the Smoky Mountains Holiday

8 Days - Leaves December 2, 2024

Trip Includes:

Roundtrip airfare, roundtrip transfers, 7 nights' accommodation, 11 meals (7 breakfasts, 4 dinners), professional tour director, motorcoach transportation, sightseeing per itinerary, admission per itinerary, hotel transfers, baggage handling at hotels.

Cost:

\$3,999 per person, double occupancy / \$1000 single supplement **Deposit:** \$698 per person final payment due 60 days prior to departure in October 2024





Travel Troupe Extended Vacation Presentation

Want to learn more about our Extended Vacations for 2025? Come see our exciting lineup and presentation brought to you by Collette.

Presentation Date: August 9

Time: 2pm

Where: Community Center Hall, 1249 Marin Ave.

Contact Senior Center at 1(510)524-9122 for more information and for booking

your trip!

Give Blood. S Give Life.

URGENT NEED FOR BLOOD DONATIONS

Tuesday, June 4 9:30 AM - 3:30 PM

Albany Community Center 1249 Marin Ave.

For more details and to schedule your appointment:

Visit: www.redcrossblood.org enter sponsor code: AlbanyCA

MOVIE IN THE PARK



Friday, May 17

Time: Sunset 8:30 - 10PM

Fee: Free

Location: Memorial Park,

1325 Portland Ave.



PARENTS' NIGHT OUT!

Parents' Night Out gives parents a chance to enjoy an evening alone and kids the opportunity to play with friends, enjoy activities, watch a movie, and eat yummy pizza and popcorn! Kids are encouraged to wear cozy PJs and bring a stuffie and a blanket.

Parents drop off your kids knowing they'll be in the best care with Friendship Club staff.

May 10

Time: 6:30 - 9:30 pm

Location: Community Center

1249 Marin Avenue

Ages: 5 - 12 years Fee: \$60 Resident

\$70 Non-Resident Activity #: 4139PN













OCEAN VIEW COMMUNITY ORGANIC GARDEN

Enjoy the spirit of the community while growing delicious food and flowers. Designated plots are assigned upon request through the Recreation and Community Services Department.

> Join us during our "Open Garden" on the 2nd & 3rd Sundays of March through October from 11 AM - 1 PM.

Location: Ocean View Park at 900 Buchanan St. Plot Fee: \$75 per year



Bohème Out of the Box

SOLANO AVE AT EVELYN IN ALBANY THURSDAY, JUNE 27 AT 1PM

San Francisco Opera is taking opera out of the Opera House and bringing it to Solano Ave in Albany on a shipping-container-turned-stage. On June 27 at 1pm, audiences will be able to enjoy a one-hour version of Puccini's famous *La Bohème* performed live in Italian with English narration and keyboard accompaniment. Support Albany businesses and grab your lunch from one of the fabulous restaurants nearby and enjoy this free lunchtime performance, which will bring powerful emotions and soaring arias in a relaxed, intimate environment.

LEARN MORE AND REGISTER AT **SFOPERA.COM/BOX**OR SCAN THE QR BELOW.







Illustration by Brian Stauffer.

4 TH J U LY

Time:

11:00 AM - 3:00 PM

Location: Memorial Park 1325 Portland Ave.

Join us for a 4th of July Celebration at the park!

Kids Zone and Family Fun

Rock wall, imagination playground blocks, games and interactive activities

Food Trucks:

Savory and Sweet

Bike Parking

Free!

BAND LINEUP





CONCERTS IN THE PARK 2024

Memorial Park Stage 1325 Portland Ave. Albany Wednesdays 6:00 - 7:30 PM









CALL FOR ARTISTS

The Albany Arts Committee is accepting applications for the 2025 Community Center Foyer Gallery starting **April 1, 2024.**

The Albany Community Center Foyer Art Gallery is supported by the City of Albany and managed by the Albany Arts Committee. It is located in the foyer of the Albany Community Center and is open to the public whenever the building is open. The Gallery presents four shows per year; each show runs for approximately 3 months.

Painters, photographers, and mixed-media artists from Albany and surrounding areas are eligible to submit their work for consideration.

For applications and more information visit: www.albanyca.org/arts or call (510) 524-9283

Visit the gallery at 1249 Marin Avenue Albany, CA 94706



ALBANY PARKS

Reserve Today!



The City of Albany is home to 4 beautiful parks spread throughout the City. www.albanyca.org/picnic



900 Buchanan Street



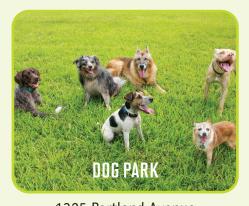
1325 Portland Avenue



720 Pierce Street



1548 Terrace Street



1325 Portland Avenue



Memorial Park, Ocean View Park and Jewel's Terrace Park





ALBANY COMMUNITY CENTER & SENIOR CENTER

A variety of spaces are available for use in the Albany Community Center, as well as the Albany Senior Center. Whether planning a wedding reception, family reunion, birthday party, or community meeting, there is likely an ideal space for your event. Reservations can be made up to a year in advance.



www.albanyca.org/rentals



BLOCK PARTIES

Block parties are ideal for enjoying the nice weather, food, games, and beautiful conversations with your neighbors. Start planning for your block party today. Block party fees include barrier drop off and pick up, and you can even request the Albany Fire Department to do a Disaster Preparedness Training. www.albanyca.org/blockparties



Scan for more information about Albany's Facilities Rentals



There are two ways to register for classes:

ONLINE

www.albanyca.org/onlinereg



IN PERSON, BY MAIL, OR DROP-OFF

Recreation and Community Services 1249 Marin Ave., Albany, CA 94706

New classes and camps are added regularly. Please visit **www.albanyca.org/onlinereg** for updates on new classes and to download the activity registration form. Call **1(510)524-9283** for questions.

CLASS REFUND POLICY

Refunds will not be granted within 1 business day of the first class meeting or after the first class meeting.

Refunds requested *prior* to the first class meeting:

Five (5) business days or more:

• Payee will be refunded less a \$20 withdrawal fee.

Four (4) business days or fewer:

• Payee will be refunded less a \$40 late withdrawal fee.

CAMP REFUND POLICY

Refunds will not be granted within 4 business days of the first camp meeting or after the first day of camp.

Refunds requested five (5) business days or more prior to the first day of camp will be refunded less a \$20 withdrawal fee.

All Refund Requests must be made in writing by mail/drop-off to:

CITY OF ALBANY Recreation and Community Services 1249 Marin Avenue Albany, CA 94706

or by email to recinfo@albanyca.org

ACTIVITY REGISTRATION FORM

Birthdate:// Phone:	irst Name:		L	ast Name:		
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Drop-Off or Mail in

Recreation and Community Services 1249 Marin Avenue Albany CA 94706

Stay connected to learn about new programs and events coming soon!

eNews

Subscribe to our weekly eNews for timely information on City happenings.

Registration:

www.albanyca.org/enews

E-notify

Receive emails on topics that interest you!

Sign up:

www.albanyca.org/enotify

Get Social!

Connect with Albany on our social media sites and never miss a thing!

Connect:

www.albanyca.org/socialmedia



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CARRIER PRESORT POSTAL CUSTOMER ALBANY, CA 94706

UPCOMING EVENTS

Summer Camp Registration Begins - All Ages March 5th at 9am Online or In-Person

Albany Community Expo - All Ages April 27th at 10:00 am - 3:00 pm Community Center, 1249 Marin Ave

Parent's Night Out - Kids May 10th at 6:30 pm - 9:30 pm Community Center, 1249 Marin Ave

Movie in the Park - All Ages
May 17th at Sunset 8:30 pm - 10:00 pm
Memorial Park, 1325 Portland Ave

Older Americans Month - Seniors May 10th, 16th & 31st Senior Center, 846 Masonic

Blood Drive - 18+ June 4th at 9:30 am - 3:30 pm Community Center, 1249 Marin Ave

Bohème Out of the Box - All Ages June 27th at 1:00 pm Solano and Evelyn Ave

4th of July - All Ages July 4th at 10:00 am - 3:00 pm Memorial Park, 1325 Portland Ave

Save the Date: National Night Out August 6th

Concerts in the Park - All Ages Aug 21st, Aug 28th, Sep 4th, Sep 11th 6:00 pm - 7:30 pm Memorial Park, 1325 Portland Ave